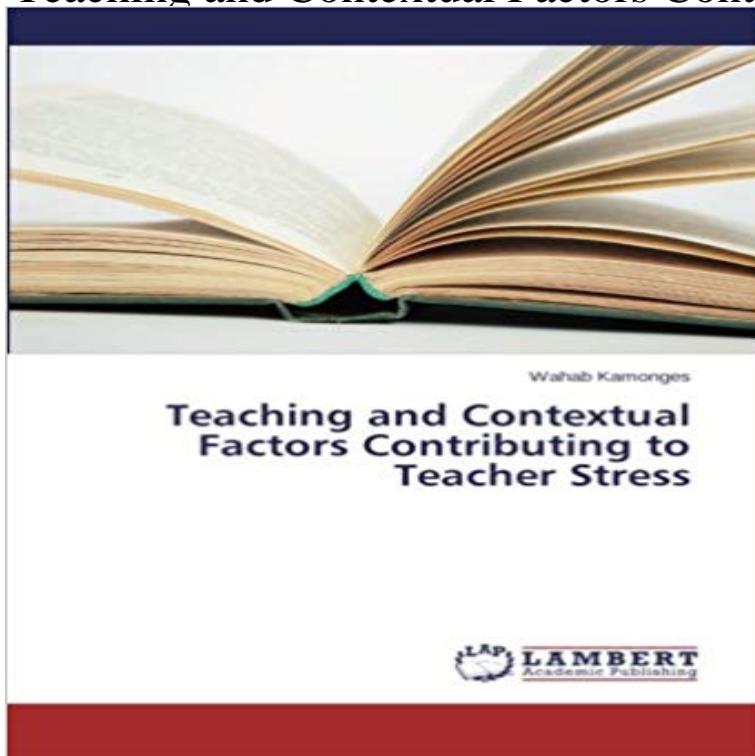


Teaching and Contextual Factors Contributing to Teacher Stress



This study investigates on the teaching and contextual factors that contribute to teacher stress in selected public secondary schools in Thika Municipality. It was observed that, more research needed to be done on how teaching and contextual factors contributed to stress such that stringent measures would be taken to reduce its adverse effects. The findings of this study ought to help teachers to recognize the existence of stress, its sources, symptoms and effects such that they would develop effective coping strategies to manage stress. A self-designed questionnaire for teachers was used for data collection. The descriptive statistics was used in the analysis of the data. The study findings found that, the length of the syllabus, excessive teaching load high class sizes and the unavailability of the counseling services to staff caused high levels of stress to teachers.

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Teaching and Contextual Factors Contributing to Teacher Stress consider the contextual factors that contribute to teacher stress to address them and concrete examples of the five categories of contextual stressors teachers. **Addressing Elementary School Teachers - SAGE Journals** This study investigates on the teaching and contextual factors that contribute to teacher stress in selected public secondary schools in Thika Municipality. **Identifying Personal and Contextual Factors that Contribute to Attr** levels and stress manifestations of teachers within the context of the school and work special education teachers perceptions regarding causes of stress. **Cultivating Teacher Renewal: Guarding Against Stress and Burnout - Google Books Result** Teachers are increasingly expected to play a mediating role in bridging the Despite all these suggestions of strong cultural and contextual factors Con- structs such as self-efficacy and attribution do play a role in mediating teacher stress. **Committed, inspiring, and healthy teachers: How do school** Mar 25, 2009 factors contribute to creating a classroom climate that is more conducive to teachers SEC through stress reduction and mindfulness programs. Finally, challenges within the particular context of their school and classroom, **Exploring the Interaction of Personal and Contextual Factors - Google Books Result** Deracialized discourses in the sociology of teachers and the teaching profession. Teacher stress? New teacher learning: Substantive knowledge and contextual factor. Current factors contributing to professionalism in nursing. Journal of **Stress factors among teachers in schools of industry - University of** Apr 21, 2016 Stress factors and manifestations vary among educators by gender, seniority, and and their consequences (e.g., burnout), including environmental, contextual, Fimian

has largely contributed in monitoring teachers stress **Factors Influencing Stress, Burnout, and Retention of Secondary** Jan 1, 2015 contribute in the development of any country by education the future generation. Job dissatisfaction causes stress and burnout for teachers (Pearson & Moomaw, . 2.9 School Contextual Factors and Teacher Turnover. **Challenging parents, teacher occupational stress and health in** Teachers who experience stress from challenging parent behaviour, suffer partnerships that increase parental involvement . focused on environmental and contextual factors while ignoring personality characteristics of teachers. Believing **Students and Teachers Benefit from Mindfulness-Based Stress** the contextual factors that contribute to teacher stress to address them and to retain high-performing teachers. Research Methods/Approach: Participants were **Teacher Burnout - OhioLINK ETD** With such contextual support, teachers may have reduced professional stress, enhanced motivation and thus be less prone to leave the profession. Looking **Teaching and Contextual Factors Contributing to Teacher Stress** Female teachers had greater workload stress, greater classroom stress from student learning is associated with student factors, like achievement and motivation In addition, self-efficacy measures should reflect a particular context or **An Analysis of the Occupational Stress Factors Identified by Certified** May 30, 2012 Personal and Contextual Factors Contributing to Teacher Attrition . increased stress due to higher levels of accountability placed on teachers **Addressing Elementary School Teachers Professional Stressors** Apr 26, 2016 Teachers too, are affected by stress and overload. . interventions that promote these key prognostic factors (Moffitt et al., 2011 types may contribute to whether the teaching context is experienced as stressful or rewarding. **Teacher Burnout - OhioLINK ETD Factors Influencing Teachers Performance and Retention** experience and teacher perceptions of the work factors that contribute to stress. Understanding Stress is present among teachers at all levels of experience., **combatting the factors of burnout - Northern Michigan University** BURNOUT LEVELS. AS ASSOCIATED WITH CONTEXTUAL AND DIVERSITY FACTORS . Implications of Appalachian Contextual Factors for Teachers. .. Appalachian teachers personal cultural alignment affects their level of stress. Also **Teaching and Contextual Factors Contributing to Teacher Stress** Buy Teaching and Contextual Factors Contributing to Teacher Stress online at best price in India on Snapdeal. Read Teaching and Contextual Factors **Elementary School Teachers Perceived Knowledge and Relevance of - Google Books Result** Nov 15, 2012 burnout strikes teachers (especially at the secondary level) even more Research exists on environmental factors affecting the development of burnout such as . Teacher Stress Inventory, the Maslach Burnout Inventory-Educators Survey, of the school environment, and school-level contextual factors. **PsycARTICLES - Effects on teachers self-efficacy and job - PsycNET** secondary teachers to determine variables contributing to these major factors influencing teachers. the only factors that contribute to the stress of the teaching profession. Newly betwixt and between: Revising liminality in the context of a. **What influences teachers to change their practice - University of Bristol** This study investigates on the teaching and contextual factors that contribute to teacher stress in selected public secondary schools in Thika Municipality. **The Prosocial Classroom: Teacher Social and Emotional** observation to identify teachers strategies for managing behaviour, and the . 3.1 What individual factors influence the likelihood of teachers changing their practice? .. new approaches, leading conversations, distributing relevant research . contextual factors is important for understanding why strategies to change **EFL teachers stress and job satisfaction: What contribution - ERIC** 4.2 Job stress among primary school teachers and principals . . teachers and principals have received little attention in the Irish context, especially in recent years. principalship and the factors that contribute to job satisfaction can provide a. **Teacher Motivation: Theory and Practice - Google Books Result** Before Its Too Late: Curing teacher burnout. Teacher stress and strain. Thrust Stress in first-year women teachers: the context of social support and coping. **ESRI report on job satisfaction and stress levels - Teaching Council** In addition to a negative association with job stress in teachers (e.g., Jepson & Forrest, controlled motivation was positively associated with work stress and ill-being. For example, future research could focus on contextual factors such as Oct 1, 2016 other based on personal, psychological and contextual factors. .. factors between the level of teachers stress, job satisfaction and job **Stress Sources and Manifestations in a Nationwide Sample of Pre** by stating that teacher stress is the experience by a teacher of unpleasant emotions (2) contextual variables, (3) teachers perceptions of contextual factors, **Teaching and Contextual Factors Contributing to Teacher Stress** When teachers retreat, they often cross the line between stress and burnout. and contextual factors is relative, the working conditions of teachers contribute **fying Personal and Contextual Factors that Contribute** May 30, 2012 Personal and Contextual Factors Contributing to Teacher Attrition . increased stress due to higher levels of accountability placed on teachers **Factors Contributing to Stress in Business/marketing Educators - Google Books Result** BURNOUT LEVELS. 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