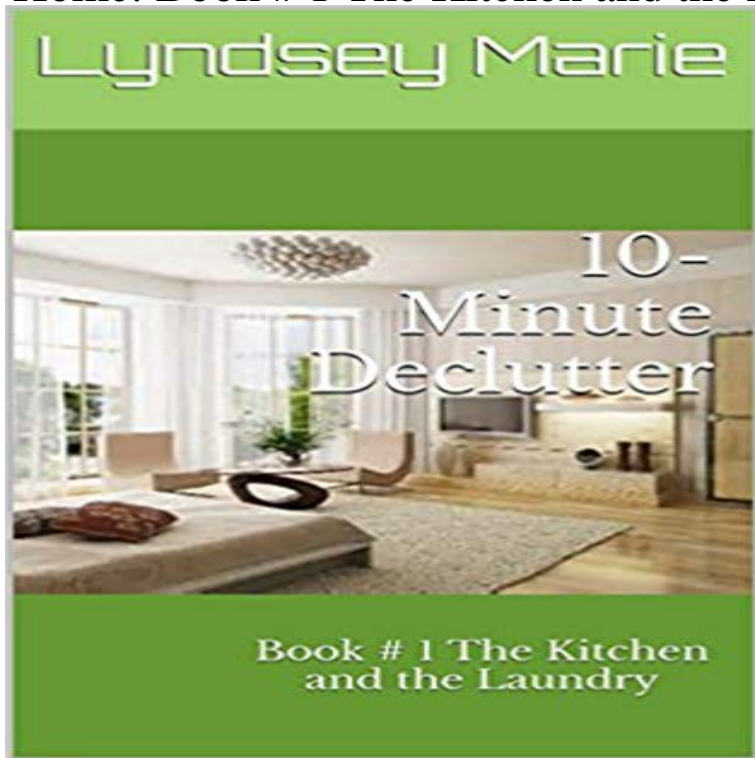


## 10-Minute Declutter Series: The Stress-Free Habit for Simplifying Your Home: Book # 1 The Kitchen and the Laundry



These days, everyone is looking for ways to simplify their home. Most go out searching for fancy organizers, complicated cleaning schedules or get lost in the sea of the Internet with too many good ideas that never get utilized. What makes this book different? I'm going to show you how to use a 10-Minute Declutter in every aspect of your home. The idea behind a 10-Minute Declutter is that in those small spurts of time you can bust through the daily tasks quickly and intensely. 10 minutes is much more time than we would naturally assume. Try sitting in a quiet room for 10 minutes. It will easily feel like an hour.

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