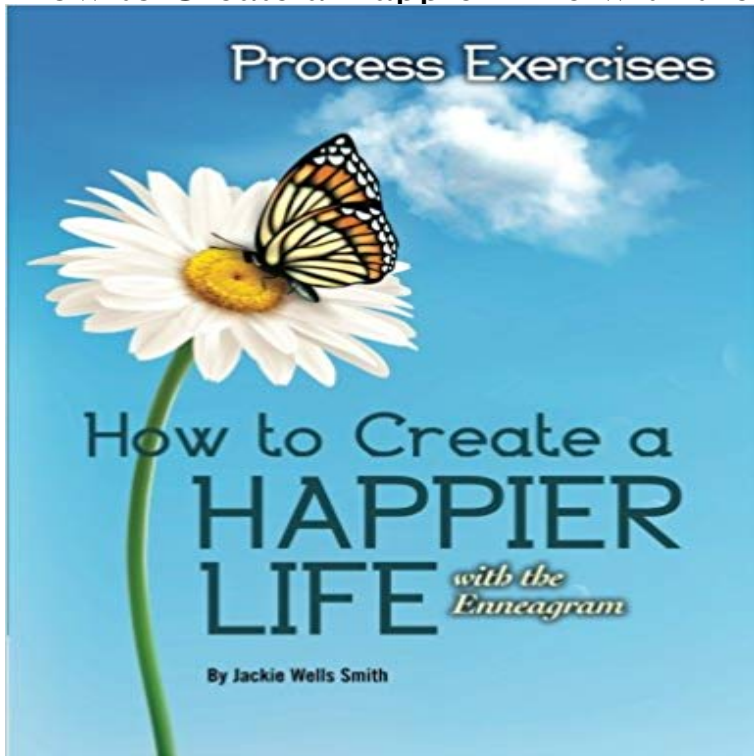


How to Create a Happier Life with the Enneagram: Process Exercises



The companion journal to How To Create a Happier life with the Enneagram takes the concepts from the book and helps you apply them directly to your life with a series of worksheets and guidelines. Write your own customized personality profile as you discover the answers to the important questions about who you are and what is your happiness.

UPDATE! How to Create a Happier Life with the Enneagram and the process exercises will be published in a combined South Korean version in Spring 2014. Represented by the Eric Yang Agency, Seoul, South Korea, for the Korean Enneagram Institute.

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